



This institution is an equal opportunity employer

Every Meal is served with Milk



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Soft Shell Taco **3**
Lettuce, Cheese
Mandarin Oranges

Tuesday

Chicken Nugget **4**
Mashed Potatoes
Pineapple

Wednesday

Hot Dog **5**
Macaroni and Cheese
Grapes

Thursday

Cheeseburger **6**
French Fries
Peaches

Friday

Pizza **7**
Chips, Cookie
Banana

Chicken Fried Steak **10**
Mashed Potatoes and Gravy
Apple

Chicken Strips **11**
Lettuce
Pears

Mini Corn Dog **12**
Smiley Fries
Mixed Fruit

Crispito and Cheese **13**
Tri-Tator
Sliced Apples

Max Stix **14**
Corn, Elf Bites
Applesauce cup

Assorted Pizza **17**
Chips
Pineapple

Assorted Sandwiches **18**
Oven Potatoes
M. Oranges

Cooks Choice **19**

Cooks Choice **20**

Cooks Choice **21**

24

25

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