



This institution is an equal opportunity employer

All Meals are served with Milk



Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



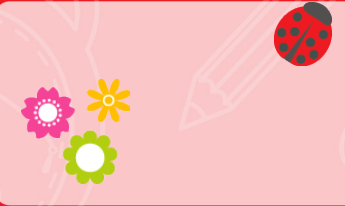
Monday

Tuesday

Wednesday

Thursday

Friday



No School

5

Max Stix/Marinara

6

Baby Carrots, Broccoli

Pears, Kiwi, Cinnamon Bites

Subs

7

Tri-tator, Lettuce

Pineapple, Raisel

Rib Sandwich

1

Smiley Fries, Coleslaw

Strawberry Applesauce,
Orange Wedges

No School

2

No School

5

Max Stix/Marinara

6

Baby Carrots, Broccoli

Pears, Kiwi, Cinnamon Bites

Subs

7

Tri-tator, Lettuce

Pineapple, Raisel

Orange Chicken

8

Rice, Stir-fry Veggies

Sliced Apples, Peach cup

Cheeseburger

9

Jo-Jo Wedges, Tomato

Banana, Grapes

Beef and Noodles

12

M. Potatoes, Bread

Peaches, Fresh Berries

Chicken Sandwich

13

Curly Fries, Cucumbers

Applesauce, Clementine

Hot Dog

14

Cheese Bites, Baked Beans

Strawberries, Dried Fruit

Chicken Casserole

15

Corn, Breadstick

Apple, Green Grapes

Pizza

16

Chips, Cookie

Watermelon, Raisins

Chicken Wrap

19

Lettuce, Cheese

Sliced Apples, Oranges

Shrimp Poppers

20

French Fries, Graham Bites

Mixed Fruit, Grapes

Tator Tot Casserole

21

Corn, Dinner Roll

Pears, Green Apple

Walking Taco

22

Lettuce, Cheese, Beans

Banana, M. Oranges

BBQ Beef Sandwich

23

Waffle Fries, Blueberries

Strawberry Applesauce

Chicken Alfredo

26

Baby Carrots, Broccoli

Apple, Raisels, Breadstick

Pizza Crunchers

27

Munchies

Pineapple, Fresh Berries

Corndog

28

Potato Spuds, Baked Beans

Peaches, Applesauce

Crispito and Cheese

29

Lettuce, Baja Veggies

M. Oranges, Banana

Fiesta Pizza

30

Doritos, Cookie

Pears, Fresh Pineapple