



Daily CRB Informer

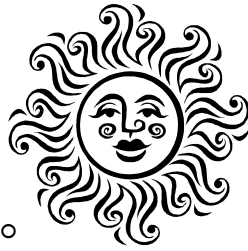
Tuesday September 7 2010

Today's Weather

Monday Clear/73°

Tuesday Clear/76°

Wednesday PM Rain73°



CRB Events in September

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 Early Dismissal 1:10/1:20 Yearbook Workday	2 Celebration of Life for Tricia Jackson 2 pm HS Gym SWIM @ CB Lewis Central 5:00 Musical Auditions 7:00	3 Football vs Grandview Park Baptist	4
5	6 Labor Day No classes	7 JH VB vs G-Ralston VB @ Avoca Swim @ Ft Dodge Musical Auditions	8 WCAC Mtg @ G Ctr 10:00 am	9 JH VB vs Exira VB @ Perry XC @ Jefferson	10 FB @ Westside	11 Swim @ Ames
12	13 JH VB vs SEW Grand JF FB vs G-Ralston JV FB vs G-Ralston Board Mtg	14 PICTURE DAY VB @ Panora Band Open House for 5 th Graders	15 Early Dismissal 1:10/1:20 Yearbook Workday	16 WCAC XC @ Panora SWIM vs DM Linc	17 FB @ Woodbine	18 XC @ Carroll 9 th VB @ Ogden VB @ GC Swim @ Mtown
19	20 JH VB vs P-C JH FB @ Anita JV VB @ Carroll JV FB @ Anita	21 VB vs Madrid	22	23 JH VB vs Grand Jct XC @ Audubon VB @ Stuart	24 FB @ Dunlap	25 SWIM @ WDM Valley
26	27 JH VB @ Churdan JH FB @ Dunlap JV FB @ Dunlap SWIM @ Spencer	28 District Soils Judging @ council Bluffs JH VB @ Perry VB vs DMC	29	30 JH VB vs Panora XC @ Perry HC Coronation		

****No JV football game tonight against Boyer Valley. That game will be played Sept. 27th.**

****Please dismiss grades 9-12 volleyball players at 2:55 pm Thursday for Perry tournament.**

Unless otherwise noted, matches will begin as follows:

Volleyball	Football	Cross Country
JH @ 4:00	JH @ 4:00	JH @ 4:30
Frosh/JV @ 5:30	JV @ 6:30	JV/Varsity @ 5:00
Varsity @ 7:30	Varsity @ 7:00	

Mr. Orlano's Corner

Wendy's High School Heisman:

ANY high school athlete that participates in at least 1 of the 27 sports listed on the Wendy's website AND has a 3.0 GPA can apply. They are looking for those student athletes that work hard, are dedicated, and are positive role models for the underclassmen of JHS. To apply, simply visit the website below and nominate yourself.

Application Deadline: 5PM on October 5th

Contact: www.wendyshighschoolheisman.com/.

Juniors and Seniors Carroll will be holding a College Fair on Tuesday October 12th at 6:00 PM.

College Representatives: LaJames school of beauty will be here at 3:15 on Tuesday September 28th. If you are interested in visiting with her please make arrangements with your teacher.

Attention Student Athletes!

Remember---if you plan to participate in a sport or cheerleading, you need a current physical on file with the school nurse. Don't delay!



SCOREBOARD!

Great Job against Grand View Park Baptist Friday night!

GO CRUSADERS!

Anyone needing red checking pencils, there is a supply in the teachers lounge. Please help yourself.

Attention CRB Students in grades K thru 12

If you attend 3 CRB Volleyball Matches this year at home or on the road- CRB

K thru 12 students will earn a **Free** CRB Volleyball T-Shirt

They are really cool shirt Black T- Shirts and then you can wear them to CRB events!

Ask a Crusader Volleyball Player for specific details about this special offer!

FFA



FFA is selling bottled water! There are 24 bottles in a box. You can get one box for \$4 or if you buy 5 or more boxes get them for \$3 a box! We need to get rid of them as soon as possible! If interested, see Mr. Heithoff or Jayce Esslinger

Student Council

is sponsoring a Homecoming t-shirt design contest. Submit your ideas to a StuCo member or Mrs. Davis by Friday, September 3. The theme is "Welcome to the Jungle!"



*Here's to
your
health!*

Quick tips for a longer, healthier life!

5. Lose the lint

Taking 2 seconds to empty the lint trap in your clothes dryer can prevent you from being one of the 315 dryer-fire victims each year in the United States.

6. Check your neck

An American Journal of Medicine study found that a mildly underactive thyroid can boost your heart-disease risk by 65 percent. A quick blood test can assess your level of thyroid-stimulating hormone (TSH).

ACT Testing Schedule

ACT Information:	<u>Registration due</u>	<u>Test</u>
	Aug 6, 2010	Sept 11, 2010
	Nov 5, 2010	Dec 11, 2010
	Jan 7, 2011	Feb 12, 2011
	March 4, 2011	April 9, 2011
	May 6, 2011	June 11, 2011

Go to www.actstudent.org to register

Attendance for Extra-Curricular practices/games

The following students may not practice or participate in extra-curricular activities today due to illness or other:

Brandon Dagit

Kelsey Klingenberg

Sean Boeke

Sydney Geer

Kate Spivey

**ALL LIBRARY MATERIALS ARE DUE THIS
XXXXXXX**

PLEASE SEE MRS. LONG IF YOU NEED YOUR
MATERIALS BEYOND THE XXXXX.
Students with materials due or overdue and/or fines.
Please renew, return or pay your fine.

AUP's

These students have not returned the Internet AUP form.

Please remind the students to get the form returned.

**If not turned in by Wednesday, Sept. 8 their computer privileges
will be disabled.**

Seniors:

Becky Orton

Juniors:

Breanna Andrews

Tylie Frohlich

Breanna Lappe

Sophomores

Zach Bush

Colby Lappe

Arecely Manriquez

Freshmen

Ashley Andrews

Ryan McCauley

8th Grade

Trenton Frohlich

Alexa Lappe

Hayli Ohnemus